

◆ Course Name and Fee of Cardiovascular Checkup

Cardiovascular checkup course				
Contents of examination Cost Necessary time	A course 154,000 JPY Half day	B course 286,000 JPY One day	C course 382,800 JPY 2 days *1	D course 448,800 JPY 2 days *1
Medical interview and doctor's examination	●	●	●	●
Blood pressure・Physical measurement	●	●	●	●
Blood examination・Urine examination	●	●	●	●
Chest X-ray	●	●	●	●
ECG at rest	●	●	●	●
Exercise stress test for the heart and lung	●	●	●	●
Echocardiography	●	●	●	●
Carotid ultrasonography	●	●	●	●
Examination for arteriosclerosis (PWV・ABI)	●	●	●	●
Nutrition guidance	●	●	●	●
Thoracic and abdominal CT (Including visceral fat measurement) * 2	-	●	●	●
Coronary artery calcium score	-	●	●	●
MRI-MRA (head and neck) *2	-	●	-	●
Holter ECG *1	-	-	●	●
Sleep apnea test *1	-	-	●	●
Coronary angiography CT	-	-	●	●
Tumor marker PSA (only for men)	+6,600 JPY		●	●
CA125 (only for women)	+6,600 JPY		●	●
CEA	+6,600 JPY		●	●
α FP	+6,600 JPY		●	●
CA19-9	+6,600 JPY		●	●
Result explanation (only what the results were obtained on the same day)	●	●	●	●

Addition or deletion of inspection items from Course A to Course D is possible; please consult with us at the time of application.

Medical interpretation fee will be charged separately.

*1 For the Holter electrocardiogram (shower and bath not allowed) and sleep apnea test, you will need to

come to the center the next day to return the testing equipment, which will take 2 days. (Equipment can also be returned by mail.)

*2: Thoracic and abdominal CT, MRI-MRA, and coronary angiography CT are performed at Sakakibara Heart Institute.

(a private car will be provided to and from the clinic)

Notes.

1. A reservation through an intermediary company (medical interpreter) is required. Medical interpreter fees will be charged separately.

2. Additional or deletion of examination items from Course A to Course D is possible, so please contact us at the time of application.

3. If you have high blood pressure, heart disease, or any other medical condition, please inform us at the time of application.

4. If you are taking medicines, please take it before coming to the center. However, please bring your diabetes medicines without taking it.

5. Patients with allergy to iodine, contrast media, renal dysfunction, bronchial asthma, etc. cannot undergo coronary angiography CT examination.

6. Please be on time for your appointment. If you miss your appointment, you may not take medical checkup.

7. Please come to the hospital with an empty stomach on the day of the examination (no food after 10:00 p.m. the day before). Lunch is at your own expense.

*For patients undergoing coronary angiography CT scan, no food is allowed until all the examinations are completed.

Change/Cancellation Policy

Full payment is required 30 days prior to the reserved date.

Except in the case of force majeure, such as natural disasters, the schedule cannot be changed under any circumstances, but may be changed only once within one year due to fever as a measure against infectious diseases. Thereafter, fees will not be refunded under any circumstances.

Contents of Health Checkup Plan

1. Japanese translation of the medical questionnaire in English/Chinese

2. Medical interpreter on the day of checkup

3. Report of the results of the medical checkup in Chinese

*If treatment is required after the checkup, you will be required to return to your country and reschedule an appointment.